

Trapunto Table Runner

All supplies, except fabric, are available at Denton Sewing Center. Let us help you select your supplies. Students receive a 15% discount on all supplies needed for class.

Supplies for Class

Embroidery Machine

- 5" x 7" hoop or 5" x 7" snap hoop or magna hoop.
- Janome B hoop or R Hoop. *If you own a machine that does not use a 5" x 7" hoop, please let me know as soon as possible.*
- Plastic hoop template
- Embroidery foot
- Stitch in the ditch foot (sometimes called an edge joining foot)



Needles and Thread

- Thread to blend with appliqué fabrics. This can be embroidery thread, sewing thread or quilting thread.
- Bobbin thread - same type as appliqué thread only in a color to blend with the backing fabric.
- Sewing or quilting thread for constructing quilt (piecing and top stitching).
- Bobbin wound with sewing or quilting thread to blend with the backing fabric.
- 90/14 quilting needle or 90/14 titanium needle.

Measuring & Cutting Tools

- Rotary cutter, mat and 24" rotary ruler.
- 15.5" square rotary ruler.
- Appliqué scissors: straight and curved.
- Optional, but helpful: 36" rotary ruler.

Notions

- Seam ripper
- Fabric marker that shows up on the two different base fabrics and that is easily removed.
- Glass head straight pins or yellow head quilting pins.
- Sullivan's quilt basting spray

Miscellaneous

- Floriani Template Tearaway (you will be using 6 sheets for this class).
- Machine Embroidered Quilting and Appliqué* by Eileen Roche. Our project comes from this really cool book. There is a CD in the back of this book that contains the designs for all of the projects in the book.

Fabric

Good quality cotton quilting fabrics are the easiest to handle when sewing. At the end of this document, there is a large photo of the table runner to help you identify the sections of the quilt.

- Base fabric for on-point squares: 1 1/8 yard (shown as tan in photo)
- Base fabric for triangles: 3/4 yard (shown as medium brown in photo)
- Three fabrics for appliqué:
 - 2/3 yard (shown as medium brown in photo)
 - 1/2 yard (shown as light aqua in photo)
 - 1/4 yard (shown as light green in photo)
- Backing: 1 1/4 yard (A print fabric will conceal the stitches on the back of the quilt.)
- Sashing and binding: 1 yard
- Batting: 40" x 40" (Warm and Natural or White and Natural)

At Home Before Class

Wash and Press Fabric

No doubt, the table runner will be laundered. So launder your fabric and press it before cutting. This is especially important for darker fabrics.

Transfer Embroidery Designs

*In the back of the book *Machine Embroidered Quilting and Appliqué* there is a CD. On this CD are the designs for all the projects in the book.*

1. Insert the CD in the CD/DVD drive.
2. On your computer, locate the DVD drive and open the contents of the CD.
3. Locate Trapunto Table Runner and open the folder.
4. Select the folder containing the designs for your machine and transfer them to your transfer medium. (Card, flash drive, floppy disk, etc.)

Print out Embroidery Designs

This step requires embroidery software and an inkjet printer. (Do not use a laser printer.) If you don't have one or the other, please let me know as soon as possible.

1. In your embroidery software, open each design that you transferred.
2. Select the 5" x 7" hoop or another hoop you will use.
3. Make sure the grid will print.
4. On Floriani Template Tearaway, print out templates of the following designs:
 - Fleur de lisF1 (4 copies)
 - Fleur de lis CenterF1 (1 copy)
 - Corner F1 (1 copy) (This is the heart for the triangle - I have no idea why the name is *corner*.) Do not use a laser printer.

Cut Fabric Pieces

I've included the fabric color from the photo. Naturally, you will substitute your own fabric.

On Point Blocks

- Cut three 18" squares each of base fabric, batting and backing fabric.

Triangle Blocks

- Cut one 22" square each of base fabric, batting and backing backing.
- After embroidering, this square will yield four triangle blocks.

On Point Square Center Appliqué

- 5" square of batting (Cut 3)
- 6" square of (aqua) fabric (Cut 3)
- 6" square of (brown) fabric (Cut 3)
- 6" square of (lime) fabric (Cut 3)

On Point Square Corner Appliqué

- 4 ½" x 6 ½" (brown) fabric. (Cut 12)
- 4 ½" x 6 ½" (aqua) fabric (Cut 12)

Triangles Blocks Appliqué

- 5" square of batting (Cut 4)
- 6" square of (lime) fabric (Cut 4)
- 6" square of (aqua) fabric (Cut 4)

You will cut sashing and binding between classes

Spray Starch Appliqué Fabrics

- After cutting the appliqué fabric pieces, starch and press them.
- You will be trimming all the appliqué fabrics and starching makes this job easier.



Triangle

**On Point
Square**

Appliqué A: Triangle appliqué uses 2 fabrics.
Appliqué B: On point square corner appliqué uses 2 fabrics.
Appliqué C: On point square center appliqué uses 3 fabrics.